



2025 JACKSON GIRLS SOFTBALL

7/8U RULES

1. Use 11" core ball
2. Bases are 60 ft. and pitchers' mound are 35 ft.
3. No inning may start after **60 minutes or 5 innings**.
4. Games ending in a tie after time limit or 5 innings go down as a tie. NO extra innings.
5. Maximum of **5 runs or 3 out per inning**
6. A team with 7 players or less will forfeit. A forfeit will be called 10 minutes after official game time. No automatic outs for less than 10 players. **T-ball and Coach Pitch may play a game with less than eight (8) players or share players with the other team.**
7. **NO stealing**. The runners must stay on the base until the ball is hit
8. **NO infield fly rule**
9. Catchers must wear full protective gear at all games
10. Coach on offensive team will pitch a maximum of 6 balls to each batter. If the batter is unable to hit the ball in fair territory after 6 pitches the batter will be out.
11. **NO bunting**
12. Once a player has control of the ball in the infield thrown from outfield, play stops and runners can only advance to the base they are going to.
13. One base on an over throw with a maximum of one base per at bat
14. Coaches should discourage girls from throwing the bat
15. Coaches will have a choice to either soft toss the ball to the hitter from the side of home plate or they may pitch from the mound to the hitter.
16. Keep all outfield players In the outfield grass until the ball is hit
17. Batters and runners will wear helmets with face guards on the helmets on a live ball play from dugout to dugout. Players coaching bases must wear a helmet. Coaches are required to have all safety equipment worn at practices. Helmet with face guard, fielding face guards, catcher's equipment and bats will be in all sheds for teams to use at practice and games.
18. Unsportsmanlike behavior such as flagrant or dangerous plays by player, fan or coach, loud and abusive language, fighting or alcohol related conduct may result in ejection from the game. A)



first ejection of the season will result in ejection from the remainder of the game only, B) second ejection of the season will result in a three (3) game suspension not including the immediate game, C) third ejection of the season will result in the ejected person being suspended for the remainder of the season.

19. No player may sit out more than one inning in a row, unless the player requests it. Every girl will bat in the game using a continuous lineup. If a girl arrives late, she will go to the end of the order. If a player has to leave a game due to an injury, they will continue play and will take an out when it is that player's turn to bat only if they are at 8 players. If not, that spot is just removed from the lineup.
20. Home team shall occupy the first base dugout. Both teams are responsible for cleaning the dugouts and general areas after each game. Home teams of the final game of the night are responsible for putting away all bases, equipment, plugging the bases and turning out lights.
21. No jewelry of any type except for medical alert ID will be allowed. Sunglasses will be allowed with umpire's approval. (Stud earrings acceptable)
22. ALL coaches must have on a coach's shirt to be on the field or in the dugout.
23. Players or Coaches may NOT alter their league shirts.
24. No tournament for this age group